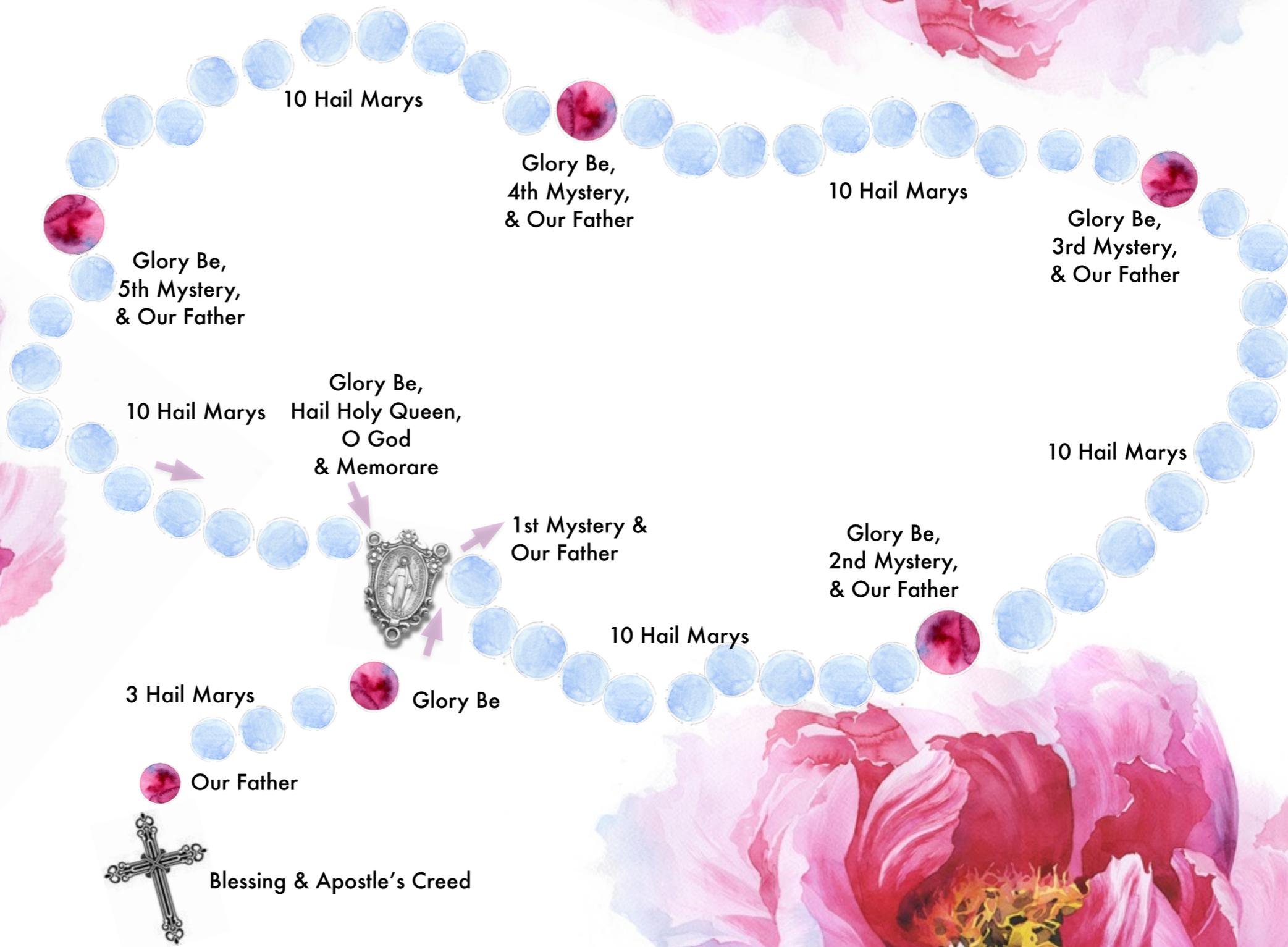


# How to Pray the Rosary

by  
Heart of Mary Women's Fellowship



## *Blessing*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit, Amen.

## *Apostle's Creed*

I believe in God, the Father almighty,  
Creator of heaven and earth. And  
in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary, suffered under  
Pontius Pilate; was crucified, died and  
was buried. He descended into hell. The  
third day He rose again from the dead. He  
ascended into heaven, and sits at the right  
hand of God, the Father almighty. He shall  
come again to judge the living and the dead.  
I believe in the Holy Spirit, the holy Catholic  
Church, the communion of saints, the  
forgiveness of sins, the resurrection of the  
body, and life everlasting. Amen.

## *Our Father*

Our Father, who art in heaven, hallowed  
be thy name. Thy kingdom come, Thy will  
be done on earth as it is in heaven. Give us  
this day, our daily bread, and forgive us our  
trespasses, as we forgive those who trespass  
against us. And lead us not into temptation,  
but deliver us from evil. Amen.

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## *Hail Mary*

Hail Mary, full of grace. The Lord is  
with thee. Blessed are thou amongst  
women, and blessed is the fruit of thy  
womb, Jesus. Holy Mary, Mother of God,  
pray for us sinners, now and at the hour  
of our death. Amen.

## *Glory Be*

Glory be to the Father, and to the  
Son, and to the Holy Spirit. Amen.

## *Hail, Holy Queen*

Hail, Holy Queen, Mother of Mercy. Our life  
our sweetness and our hope. To thee do we  
cry, poor banished children of Eve. To thee do  
we send up our sighs, mourning and weeping  
in the vale of tears. Turn, then, most gracious  
advocate, thine eyes of mercy toward us. And  
after this, show unto us the blessed fruit of thy  
womb, Jesus. O clement, O loving, O sweet  
Virgin Mary. Pray for us, O holy Mother of God,  
that we made be made worthy of the promises  
of Christ. Amen.

## *O, God*

O God, whose only begotten Son by His  
life, death, and resurrection, has purchased  
for us the rewards of eternal life; grant we  
beseech thee, that by meditating upon these  
mysteries of the most Holy Rosary of the  
Blessed Virgin Mary, we may imitate what they  
contain and obtain what they promise, through  
the same Christ, our Lord. Amen.

## *Memorare*

Remember, oh most Blessed Virgin Mary  
that never was it known, that anyone who  
fled to your protection, implored your help  
or sought your intercession, was left unaided.  
Inspired by this confidence, we fly unto thee,  
oh virgin of virgins, our Mother. To you do we  
come, before you we stand, sinful and sorrowful.  
Oh mother of the Word Incarnate, despise not  
our petitions, but in your mercy, hear and answer  
me. Amen.

## *The Mysteries*

### **Joyful**

1. Annunciation
2. Visitation
3. Birth of Jesus
4. Presentation of Jesus
5. Finding Jesus in the Temple

### **Luminous**

1. Baptism of Jesus
2. Wedding at Cana
3. Proclamation of the Kingdom
4. Transfiguration of Jesus
5. The Last Supper

### **Sorrowful**

1. Agony of Jesus in the Garden
2. Jesus is scourged at the Pillar
3. Jesus is crowned with thorns
4. Jesus carries the cross
5. The Crucifixion

### **Glorious**

1. The Resurrection of Jesus
2. The Ascension of Jesus
3. The Coming of the Holy Spirit
4. The Assumption of Mary into Heaven
5. The Coronation of Mary